

Online Support for Sexual Assault Survivors

Pandora's Aquarium is a 501(c)(3) non-profit with a message board, chat room, survivor blogs, and lending library. We have been dedicated to healing since 1999.



- Peer support and self-help available 24/7 to survivors of rape, sexual abuse, molestation, and all sexual assault.
- Over 50 support forums, safely moderated by a diverse group of survivors. Men and women are welcome.
- Support for issues common in healing:
 - flashbacks, depression, PTSD;
 - self-harm and eating disorders;
 - relationships, sex & intimacy;
 - pregnancy & parenting;
 - legal concerns;
 - help for supporters of survivors.

We welcome **all** survivors of sexual violence.

**Break the silence. Reach out today.
You are not alone!**

www.pandys.org

Questions? Email contact@pandys.org

Pandora's Aquarium, Inc.
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