I am a survivor of sexual assault

Often times I find my experience difficult to talk about, and having dental work done is very triggering for me so I may need to ground myself. Please schedule a longer appointment for me if you think it will be a problem.

Could you please...

- *Explain what you are doing before you do it?*
- *Explain what you are doing while you're doing it?*
- *Have a female in the room?*

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